



*Our region's dynamic food scene is bursting with culinary talent. Our dining guide showcases these locally owned restaurants who strive to create a distinctive dining experience. Please support them with your dollars.*

# EAT Local

**Volare Ristorante:** Chef Josh Moore infuses each culinary creation with passion and the freshest local ingredients. Mezzaluna made with Stone Cross Farm and Cloverdale Creamery roasted pork belly, gorgonzola cheese and fig stuffed house made pasta with a tarragon brown butter sauce and fennel carrot slaw.

## Bluegrass Region



**Sage Garden Café at Wilson Nurseries**

3690 East-West Connector Rte 676 Frankfort, KY 40601 | 502-352-2725  
[www.wilsonnurseriesky.com/sage-garden-cafe/](http://www.wilsonnurseriesky.com/sage-garden-cafe/)  
 Garden meets table in this fresh, casual café serving seasonal and local fare with a regional flare. The garden inspired setting extends to a perfect patio outdoor dining space for you to enjoy the salads, soups, sandwiches and weekly creations. Hours: M-Fr 11am-5pm, Sa 9am-5pm, Su 10am-5pm.



**Heirloom - Midway**

125 Main Street, Midway, KY 859-846-5565  
[www.heirloommidway.com](http://www.heirloommidway.com)  
 Heirloom, a mainstay in the Bluegrass restaurant scene, offers inventive modern cuisine prepared by chef Mark Wombles and team. Hours: lunch Tu-Sa 11:30am-2pm; dinner Tu-Sa 5:30pm-close.



**Mezzo Italian Café and Provisions**

131 E Main Street, Midway, Kentucky 40347 859-846-4077  
 Mezzo Italian Café and Provisions is a family style restaurant boasting fresh, local ingredients in a cozy tavern style atmosphere. Mezzo's name is inspired by its location—Midway. Mezzo is the Italian word for "medium or middle". Sofas, fireplaces and warm wood contribute to the casual ambiance. A wood-burning pizza oven, two full bars, and "Kids Night" once a week are among the offerings making Mezzo a special place for gathering.



**Lockbox**

167 W Main Street Lexington, KY 40507 859.899.6860  
[info@lockboxlex.com](mailto:info@lockboxlex.com) | [LockBoxLex.com](http://LockBoxLex.com)  
 Lockbox is committed to sourcing local, high-quality ingredients around the Bluegrass region. Led by executive chef Jonathan Searle, Lockbox uses thoughtful yet simple preparations and cooking techniques in a contemporary setting. Dinner: Mon–Thurs: 5:30-10pm, Fri–Sat: 5:30-11pm, Sun: 5:30–9pm. Breakfast: Mon–Fri: 7-10am, Sat–Sun: 7am-12pm. BAR: Sun–Thurs: 4pm-12am, Fri–Sat: 4pm-1am. Now open for lunch from 11-2pm.



**Distilled**

120 West 2nd Street, Lexington, KY 40507 859-255-0002  
[www.distilledatgratzparkinn.com](http://www.distilledatgratzparkinn.com)  
 Chef Mark Wombles and his team raise farm to table dining to an art form at Distilled in the Historic Gratz Park Inn. Following his success with the award winning Heirloom in Midway, Chef Wombles has created an elegant but comfortable environment for introducing his unique brand of southern cuisine to locals and visitors alike. An Open Table Diners Choice Award Winner for 2015. Breakfast Mon-Sat 7-10am, Lunch Mon-Sat 11am-2pm, Dinner Sun-Thurs. 5:30-10pm, Fri-Sat 5:30-10pm. Bar hours Fri-Sat 5:30pm-2am.



**Coles 735 Main**

735 E Main St., Lexington, KY 40502 859-266-9000  
[www.coles735main.com](http://www.coles735main.com)  
 Passion. Artistry. Variety. Coles 735 Main gives visitors the chance to enjoy fine dining in an atmosphere both distinctive and relaxing. With locally-sourced ingredients, Executive Chef Cole Arimes' handcrafted artisan dishes, and one of the most unique wine programs in the Bluegrass, each experience is sure to be unforgettable. Open evenings, Monday-Saturday, closed Sunday.



## AZUR Restaurant and Patio

3070 Lakecrest Cir #550,  
Lexington, KY 40513  
859-296-1007

[www.azurrestaurant.com](http://www.azurrestaurant.com)

Combining local inspirations with an international flair to offer truly unique cuisine, excellent service and European ambiance. Whether a formal celebration or a casual lunch on the patio, Azur takes pride in serving the freshest food with the highest quality ingredients and championing local producers. Locally owned and operated. Open daily 11am–10pm, Sunday night dinners family style with seasonal ingredients from the Bluegrass Farmer’s Market. Pizza on the Patio all summer long. Call or visit Open Table for reservations.

## Southern Indiana



### Adrienne and Co. Bakery Cafe

129 W. Court Ave., Jeffersonville, IN 47130  
133 E Market St, New Albany, IN 47150  
812-282-2665 812-949-2334

[www.cakestoday.com](http://www.cakestoday.com)

Adrienne and Co. Bakery Cafe is the area’s premier bakery for cakes, pastries, donuts, brownies, and much more. Try our scratch biscuits and gravy in the morning and our famous sandwiches on focaccia for lunch. Minutes from downtown Louisville. **Jeffersonville** hours: Mon-Wed, Friday, 7am-5:30pm, Thur (9 cent spaghetti night) 7am-8pm, Sat 8am-3pm, Sun 8am-1pm. **New Albany** hours: Mon 6am-12pm, Tue 5am-12pm, Wed-Thur 5am-8pm, Fri 5am-9pm, Sat 6am-9pm, Sun 6am-12pm.



### Starlight Café

(Located at Huber’s Orchard, Winery & Vineyards)

19816 Huber Road, Borden, IN 47106  
812-923-9463

[www.huberwinery.com](http://www.huberwinery.com)

Visit the Starlight Café at Huber’s Orchard, Winery & Vineyards for a variety of sandwiches, appetizers, salads, and pizzas. Pair your meal with a glass or bottle of Huber’s award-winning wine, seasonal sangrias, or one of our craft cocktails. Business Hours: Mon-Sat 10am-6pm, Sun Noon-6pm. Café Hours: Mon-Sat 11am-5:30pm, Sun Noon-5:30pm.



### Café on Meigs

425 Meigs Avenue  
Jeffersonville, Indiana 47130  
812-288-8515

[www.cafeonmeigs.com](http://www.cafeonmeigs.com)

Located in downtown Jeffersonville, this old home turned local eatery offers homemade soups, crisp salads and made-to-order sandwiches created using fresh ingredients and family recipes. Dine in/carry out with daily specials, lunch combos and box lunches available. M-F: 11am-5pm, Sa 11am-4pm.

## Louisville Metro



### North End Café

1722 Frankfort Ave. &  
2116 Bardstown Road  
Louisville, KY; 502-896-8770

[www.northendcafe.com](http://www.northendcafe.com)

Traditional meets modern eclectic cuisine at the North End Café. The menu highlights traditional items made with a health-conscious approach using the freshest seasonal ingredients available. Offering breakfast all day, plus lunch and dinner daily. Dine inside or on the patio. On- and off-site catering available.



### Wiltshire at the Speed

2035 S 3rd St, Louisville, KY 40208  
502-634-2700

[www.speedmuseum.org/visit/shopping-dining/dining/](http://www.speedmuseum.org/visit/shopping-dining/dining/)

Wiltshire at The Speed features carefully curated locally sourced menus with fresh, seasonal ingredients. The café features full-service dining as well as walk-up service. Lunch ranges from \$8-\$15, children’s menu from \$5-\$8. Hours: Wed-Sat 10am-5pm, Sun 12-5pm. Closed Mon-Tues.

### Harvest

624 E Market St,  
Louisville, KY 40202  
502-384-9090

[www.harvestlouisville.com](http://www.harvestlouisville.com)

Harvest welcomes Chef Patrick Roney’s broad culinary experience to the restaurant’s mission of local and sustainable cuisine. With at least eighty percent of our food from farmers and growers which are within a 100-mile radius of the city. Open Tues-Sun dinner 5-10pm. Fr-Sun Brunch 10am-2:30pm.



### Blue Dog Bakery

2868 Frankfort Ave.  
Louisville, KY 40206  
502-899-9800

[www.bluedogbakeryandcafe.com](http://www.bluedogbakeryandcafe.com)

Located in the heart of Crescent Hill, Blue Dog Bakery offers a European-inspired café with a soup, salad and sandwich menu. World-class artisan bread and pastry, house-cured meats, Italian coffee and an impressive selection of beer and wine complement the ever-changing selections. Hours: bakery, Tu-Sa 7am-4pm; brunch/lunch 9am-2pm.



### Red Hog

Local Craft Butcher  
2622 Frankfort Ave.  
Louisville, KY 40206  
502-384-0795

[www.redhogartisanmeat.com](http://www.redhogartisanmeat.com)

From the owners of Blue Dog Bakery comes Louisville’s first local craft butcher shop, featuring Red Hog pork, beef, lamb, and poultry. Available as fresh cuts, cooked

or cured, in the butcher shop and on the cafe menu. Our meat comes from local farms committed to sustainable, humane, and ethical farming practices. Butcher shop open Tue-Sat 10am-6pm.



### Varanese

2106 Frankfort Ave.  
Louisville, KY 40206  
502-899-9904

[www.varanese.com](http://www.varanese.com)

Chef John Varanese believes that Louisville diners appreciate fresh ingredients prepared with a creative flair and a culturally diverse menu. Newly remodeled, this eclectic New American restaurant features spacious meeting rooms and year-round patio dining in a relaxed and stylish environment. Hours: Su-Th 5pm-11pm, F-Sa 5pm-midnight.

### The Mayan Café

813 E. Market St.  
Louisville, KY 40206  
502-566-0651



MAYAN CAFÉ

[www.themayancafe.com](http://www.themayancafe.com)

The Mayan Cafe proudly serves the essential ingredients of Mayan cooking—dishes rich with smoked chilies, pumpkin seeds, lime, oil infusions and roasted meats. Our meat comes exclusively from local farms and we use as much sustainably grown local produce and cheese as is seasonally available. Hours: lunch M-F 11am-2:30pm; dinner M-Th 5-10pm; F-Sa 5-10:30pm. Reservations recommended.



### Lilly’s — A Kentucky Bistro

1147 Bardstown Road |

Louisville, KY 40204 | 502-451-0447

[www.lillyslapeche.com](http://www.lillyslapeche.com)

For a casual yet upscale dining experience, Lilly’s Bistro in the historic Highland Neighborhood exudes warmth and style. Fresh and seasonal ingredients inspire our New American Cuisine with an international flair from our local farmers. Enjoy a variety of small and large plates from our sustainable-farmed menu. Hours: lunch T-Sa 11am-3pm; dinner T-Sa 5-10pm.

### Volare Italian Ristorante



2300 Frankfort Ave.  
Louisville, KY 40206  
502-894-4446

[www.volare-restaurant.com](http://www.volare-restaurant.com)

Volare restaurant serves modern Italian cuisine with Southern hospitality. Chef Josh Moore combines expert skills with his passion for using locally sourced and house-made products. Seasonal menu changes celebrate the harvest using produce grown on the Chef’s 10-acre farm. Enjoy casual dinners in the lounge area or refined service in the wine library. Volare offers private dining and catering services. Hours: Su-Th 5-10pm, F-Sa 5-11pm.

## PROOF ON MAIN

### Proof on Main

702 W. Main St.  
Louisville, KY 40202  
502-217-6360

#### www.proofonmain.com

Located in downtown's 21c Museum Hotel, Proof on Main's menu is inspired by the culinary traditions of the American South. Through partnerships with Woodland Farm and other regional farmers and producers, the menu has become a showcase for the bounty of the Ohio River Valley. Serving breakfast, lunch and dinner.

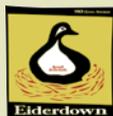
### Cake Flour

Glenview Pointe  
Shopping Center  
2420 Lime Kiln Ln., Ste. C | 502-425-0130



#### CakeFlourBakery.com

We provide delicious goods of the highest quality, made from natural ingredients and prepared with care from scratch. In addition to offering the finest pastries and custom cakes, we serve breakfast and lunch, and offer catering options. Hours: Mon-Fri 7am-6pm, Sat 8am-3pm.



### Eiderdown

983 Goss Avenue  
Louisville, KY 40217  
502-290-2390

#### www.eiderdown-gtown.com

Eiderdown restaurant honors Germantown's "Bar On Every Corner" tradition from an epicurean perspective. Our 21 draft beers, carefully chosen wine list, and spirits list complement chef Brian Morgan's seasonal menus which draw from Southern and European dishes and cooking techniques, while embracing locally-grown and produced ingredients. Outside seating, off-street parking and weekend brunch. Hours: Tu-Th 4-10pm, F 4-11pm, Sa 10am-11pm, Su 10am-10pm.



### River House Restaurant and Raw Bar

3015 River Road,

Louisville, KY 40207 | 502-897-5000

#### RiverHouseLou.com

Louisville's premier riverfront dining destination, River House features regional cuisine with a Southern flair and an emphasis on fresh seafood. Enjoy our 15-foot raw

Edible Louisville & the Bluegrass  
invites your restaurant to join the list of  
locally sourced restaurants participating in  
our Dining Guide.

For Louisville and Southern Indiana,  
contact

Chef Meagan Jeanette at 502 819 7722.

For Bluegrass, contact  
Norma at 859 619 2774.

# EAT Local

bar with assorted raw oysters, king crab, jumbo shrimp and more! Open daily for lunch and dinner. Sun-Thur 11am-11pm. Fri & Sat 11am-midnight.



### Levee at the River House

3015 River Road, Suite B,  
Louisville, KY 40207

502-897-5000

#### LeveeRestaurant.com

Levee is the perfect spot to share a meal with family and friends, but also enjoy some choice river night life. We've got small plates to share, a robust cocktail menu, and live entertainment with some of Louisville's most exciting musicians and singers. Sun, Wed & Thur 4pm-Midnight. Fri & Sat 4pm-2am.



### Ward 426

426 Baxter Ave  
Louisville, KY 40204  
502-365-2505

#### www.ward426.com

Born out of a passion for exceptional food and gracious service, Ward 426 brings an easygoing elegance to one of Louisville's historic neighborhoods. Chef Shawn Ward and his team of culinary experts take Southern cuisine and elevate it to where it deserves to be by

focusing on seasonal, local ingredients. Lunch Mon-Fri 11am-2:30pm; Dinner Mon-Thurs, Sun 5-10pm; Fri-Sat 5-11pm; Happy Hours Mon-Fri 4-6pm.

### Mi Cocina on Fourth



520 S 4th Street  
Louisville KY 40202  
502-315-0666

#### www.lacocinalouisville.com

Looking for a lively environment, friendly service and delicious, authentic Mexican cuisine? La Cocina de Mamá has it all, conveniently located seconds from 4th Street Live and other downtown attractions. Perfect for quick dining before a show, lunch with coworkers, or a celebration with friends. Mon-Fri 11am-10pm, Sat 12-11pm, closed Sunday.

### Bluegrass Burgers

3334 Frankfort Ave.  
Louisville, KY 40206  
502-614-6567



#### bluegrass-burgers.com

We are a quick casual, Louisville favorite family-owned restaurant with that 'diner feel.' Grilled to order local grass fed beef and bison, along with many other meat/vegan options—all topped with fresh locally sourced produce, house made sauces, and salsas from our 'build your own' toppings bar. Pair it with our hand cut or sweet potato fries, home-made coleslaw or our very own seasoned potato chips. Hours Sunday-Thursday 11am-9pm and Friday and Saturday until 11am-10pm.

### Bristol Bar and Grille



1321 Bardstown Rd.  
614 West Main St.  
300 N. Hurstbourne Pkwy.

700 West Riverside Dr., Jeffersonville, IN

#### bristolbarandgrille.com

The Bristol Bar & Grille is a Louisville dining staple. A favorite destination since 1977, Bristol Bar & Grille offers something for everyone; aged choice steaks, pasta, fresh seafood, salads, sandwiches, appetizers, and an award-winning wine list. Local purveyors provide our menus with ingredients grown, raised and produced in Kentucky and Indiana. Try our farmer of the month feature showcasing current products from our area agriculture partners in daily lunch and dinner specials.



### Isaac's Café at Bernheim Arboretum and

#### Research Forest

Clermont, KY 40110  
502-955-8512, ext. 181.

#### bernheim.org/explore/isaacs-cafe/

Following Bernheim's vision of ecological stewardship, Isaac's Café at Bernheim features fresh salads, soups, sandwiches, children's meals, and delicious desserts using vegetables, herbs, and edible flowers from Bernheim's Edible Garden. We source other menu items—fresh eggs, cheese, breads, and meats—from local farmers. Café winter hours: 11am-2pm weekdays, 11am-3:30pm weekends. Closed Thanksgiving, Christmas Eve, Christmas Day and New Year's.

